

## CLAIMS

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1. A pillow for securely maintaining a user at a predetermined angle from a flat surface, said pillow comprising:
  - a) an angled member having a triangular shape;
  - b) a securing member; and
  - c) means for connecting said securing member to said angled member at a first apex thereof, wherein upon connecting said securing member to said angled member, a user is positioned against said angled member and is secured thereto by said securing member and the user is maintained at said predetermined angle.

2. The pillow as recited in claim 1, wherein said angled member is a right triangle and an angle of said first apex ranges substantially between 20° and 40°.
3. The pillow as recited in claim 1, wherein the angled member is formed from semi-rigid, hypoallergenic foam.
4. The pillow as recited in claim 1, wherein said connection means is a zipper.
5. The pillow as recited in claim 1, wherein said securing member is an H-shaped member, said H-shaped member includes:
  - a) a first elongate member having first hook and loop fasteners positioned adjacent to said connection means on a first side thereof, and a second hook and loop fasteners positioned at each distal end thereof on a side opposite said first hook and loop fasteners;
  - b) a second elongate member having third hook and loop fasteners positioned at each distal end thereof on the same side as said second hook and loop fasteners; and

- c) a connecting member for connecting said first elongate member and said second elongate member at substantially a midpoint thereof.

6. The pillow as recited in claim 5, wherein said first elongate member is wrapped around a torso of the user and said second hook and loop fasteners contact said first hook and loop fasteners thereby maintaining the user in a desired position on said angled member.

7. The pillow as recited in claim 6, further comprising fourth hook and loop fasteners positioned on each side of said angled member.

8. The pillow as recited in claim 7, wherein said second elongate member is folded in a direction towards the user and said connecting member forms is positioned between the legs of the user thereby forming a seat.

9. The pillow as recited in claim 8, wherein said third hook and loop fasteners contact said fourth hook and loop fasteners thereby retaining the user to said angled member.

10. The pillow as recited in claim 5, wherein said H-shaped member is cloth wrap.

11. The pillow as recited in claim 10, wherein said cloth is hypoallergenic.
12. The pillow as recited in claim 1, further comprising connection loops for connecting said pillow to a piece of furniture.
13. The pillow as recited in claim 12, wherein said connection loops are secured to the furniture by at least one of hook and loop fasteners, buttons and snaps.
14. The pillow as recited in claim 1, wherein said pillow is used to treat at least one of acid reflux disease, head congestion, and sinus congestion.
15. The pillow as recited in claim 1, wherein said pillow aids in digestion of foods.